



CULNC Selection Policy 2022/23

Key Contacts

Libby Bryant	Club Captain	lmb213@cam.ac.uk
Amelia Burdett	Club Vice Captain, Safety & Welfare Officer	ajb361@cam.ac.uk
Alex Telford	Club President	at902@cam.ac.uk
Kate Godsmark	Club Treasurer	ksg39@cam.ac.uk

Our Performance Objectives

- CULNC aims to provide high quality coaching and competitive match opportunity to all our teams
- The following performance objectives apply to each of our teams:
 - 1sts 'Blues' aim to remain in BUCS Midlands Tier 1
 - 2nds 'Jays' aim to remain in BUCS Midlands Tier 2B
 - 3rds 'Swallows' aim to be promoted to BUCS Midlands Tier 4
 - 4ths 'Wrens' aim to have a successful year playing a range of competitive friendly matches
- Each of the CULNC teams also aims to win their respective Varsity Match at the end of the season
- The selection process for trials and throughout the year will reflect these aims

Training Schedule

Please look at the below training schedule and bear in mind the time commitment required before signing up to trials. If you don't think you can commit to this but still want to represent CULNC please speak to the Club Captain.

Blues & Jays

Monday	Wednesday	Friday	Sunday	
Court Session 8-10pm	BUCS Matches starting: 12 th Oct Blues 19 th Oct Jays	Court Fitness 7-8am Court Session 4-6pm	Strength & Conditioning 10-11am	+ take home S&C session

Swallows & Wrens

Monday	Wednesday	Friday	Sunday	
Court Session 6-8pm*	BUCS Matches starting: 19 th Oct Swallows	Strength & Conditioning 4:30-5:30pm	Court Session 8-10am	+ Wrens friendly matches

*Not all Mondays

Other upcoming dates:

- Sunday 9th October 9:30-10am Whole Club Welcome Meeting
- Tuesday 11th October 5-8pm Blues and Jays Injury Prevention Screening

Trials

Trials are an opportunity for CULNC to evaluate individual athletes' skills, abilities, and attitude. We want to give each trialist the best opportunity to demonstrate their playing level. Both new and returning players will have to trial. In the first round of trials, new and returning players will trial separately. This is mainly due to constraints on sports hall hire and the large number of players who trial each year. Players are also able to attend preseason which gives the Club Captain and the Coaching Team more time to become familiar with the player's skill level, attitude, and commitment.

This policy will enable fair and equitable selection of squads, where all triallists have an equal opportunity to be selected. Our Welfare Officer Amelia Burdett will be on hand throughout the trial process to provide confidential welfare support to anyone who needs it.

All questions about the trialling process should be communicated to the Club Captain.

Trial Process

Trials will take place in the form of short matches. Triallists will have the opportunity to play in front of selectors in either their first or second choice position. Prior to coming to trials, triallists will be asked about their level of experience.

All triallists will be required to pay the trialling fee to the club in advance of trialling. Players are also required to be up to date with any preseason fees. We operate a no pay no play policy for all trialists.

For the 2022/23 season:

- Trial Session 1: Tuesday 4th October 1-5pm
- Trial Session 2: Thursday 6th October 5-8pm
- Trial Session 3: Friday 7th October 4-6pm

NB: Based on performance at Preseason some players may be fast tracked to Trial Session 2.

Selection Panel

- The selection panel shall consist of the Club Captain and the Coaching Team
- If available, an external selector may form part of the selection panel. For the 2022/23 trials, our new coach, Jess Melville, will act as an external selector.

Eligibility

- To be a member of CULNC, an individual must have matriculated into the University of Cambridge and must be a current student (undergraduate or postgraduate) and must be up to date with their subscription fees and any other money owed to the club.
- Netball is a gender-affected sport and as such, only women's teams compete in university-level competitive netball in the UK. CULNC follows the below policies for transgender athletes. Transgender athletes are encouraged to notify the Club Captain before trialling. For more information regarding the NGB gender policies please contact the Club President.
 - [England Netball Trans Inclusion Guidance](#) and the specific section for Trans people competing in domestic competition.
 - [BUCS Transgender Policy](#)
 - [Joint Blues Committee Varsity Match Eligibility](#)

Selection criteria

Selection for all triallists will primarily be based on individual performance in match play at trials, with specific player combinations also being considered.

Returning players are advised that records of previous commitment, attendance and attitude may also be used.

Extenuating circumstances

These include injury, illness, academic commitments, or course placement. Where any of these apply, please contact the Club Captain.

Should there be any other extenuating circumstances which mean you are unable to trial please contact the Club Captain or our Welfare Officer. Should you be unable to trial for any of these reasons, please give as much notice as possible.

Informing athletes

Triallists will be informed of the decision regarding selection at first instance via email. Unsuccessful triallists may request feedback by emailing the Club Captain.

Unsuccessful triallists will be strongly encouraged to play for their College teams and to attend CULNC's Development Squad sessions.

Appeals process

If a triallist wishes to appeal the decision, they may do so via the complaint's process outlined in the CULNC Constitution.

Selection will always be a contentious process, and we understand that unsuccessful triallists may be unhappy with the outcome of trials. However, the complaints process should only be followed when an individual feels as though the selection process has been unfair, and not because triallists are disappointed with the outcome.

Selection During the Season

Team Captains and Vice Captains

The Team Captains and Vice Captains will be chosen by the Club Captain in consultation with the Coaching Team and the Club Vice Captain. The Team Captains and Vice Captains will be informed of this decision at least three days before their team's first match, and once they have accepted the role this will be announced to the club. Team Captains may be asked to attend meetings before training sessions by their respective coach to discuss team selections for the week or any other team related issues. In their absence, the Team Vice Captains may attend these meetings.

Weekly match selection

Selection for weekly matches will be made by the Team's Coach in consultation with the Club and Team Captains. The teams for weekly matches will aim to be published 2 days in advance of the fixture. Where a player will play in the team above due to the illness, injury or unavailability of another player, this decision will be communicated with as much notice as possible so that both teams affected may have more time to work with new combinations before their respective matches.

Selection for the weekly matches will be based on performance at training sessions and attendance. It is expected that players attend all training sessions for their respective team throughout the year, with exceptions only being made for unarrangeable academic commitments, illness, and exceptional circumstances. It is expected that supervisions and laboratories are rearranged where possible so that they do not clash with training and matches.

During matches, decisions about rotations for each quarter will be made by the Coach in consultation with the Team Captain. If the Team's Coach is not present, then this decision will be made by the Team Captain, however, it is expected that the Team Captain will have spoken to the Team's Coach in advance to discuss different combinations.

Movement between teams

Where the coaches intend to make changes to the teams/squads this will be stated to members of the club. Any decisions made will be communicated to the players involved and the rationale of the decision will be explained.

Where a player is temporarily promoted to cover injury or absence, the club shall be open and public about it.

All movement between squads/teams for matches, temporarily, or permanently will be in accordance with the necessary BUCS regulations. Restrictions because of these regulations (such as a player reaching their maximum matches playing for the team above) will be communicated to players with as much clarity as possible.

Varsity Selection

The Varsity squads will aim to be communicated to the members of the Club at least one week prior to the fixture. The Varsity squads will be selected by the relevant Team's Coach with input from the Club and respective Team Captains. Varsity Selection will be based on performance at training sessions and matches throughout the season, as well as attendance and attitude.

Selection for the starting seven for the Varsity Match will be communicated to the team at least two days before. The Team Captain will communicate the decision made about each player individually, by phone call where possible. On the day, the Coaching Team will make choices about combinations for each quarter in consultation with the Team Captain.

Exceptional Circumstances

Should any criteria cause a player to be unavailable for training or matches, but they still wish to be selected for matches or the Varsity Match where possible, they should contact the Club Captain with as much notice as possible. This includes but is not limited to national or international contracts or commitments. The player should outline their reasons and their commitments when contacting the Club Captain who, advised by the Coaching Team, Club Vice Captain, and Club President, will make a decision. This decision will be made on a case-by-case basis and will be communicated to the player as soon as possible.